Surf Casting & Angling Club of WA (Inc)

PO Box 2834 Malaga WA 6944
http://www.surfcasters.iinet.net.au

Club Committee for the Year 2009/2010

President
George Holman

Vice President
Terry Fuller

Immediate Past President
Greg Walker

Treasurer
Bev Grigo

Field Day Officer
Mark Hansen

Assistant Field Day Officer
Peter Stoeckel

Secretary
Membership Co-ordinator
John Crompton
surfcast@iinet.net.au

Dry Casting Officer
Bob Henderson

Ass. Dry Casting Officer
Allan Jones

Property Officer
Vix Alexander

Reel Talk Editor
Jennie Stoeckel

Recorder
Ian Cook

Social Organiser
Michelle Walker

Website Co-ordinator
Recfishwest Rep.
Minute Secretary
Terry Fuller

AAA Delegates
George Holman

Terry Fuller

Life Members of the Club:
Jim Strong, Bob Klein, George Holman, Ric Parker, Ian Cook, Bob Henderson

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Surf Casting and Angling Club of W.A. (Inc.)

PO Box 2834
Malaga W.A. 6944
ABN 29 925 237 020
Club Web page:- http://www.surfcasters.iinet.net.au Email:- surfcast@iinet.net.au

Minutes of General Meeting, 9 September 2009.

Note:- In accordance with decisions made at the July Committee meeting, these minutes are limited to records of decisions made and brief summaries of important points and discussions. Refer to end of minutes for a list of action points, marked by **AP#**.

Venue:- Coolbinia West Perth Amateur Football and Sporting Club room. Commenced 8:04 pm. President George Holman presiding.

Present:- 26 members.

Apologies:- Malcolm Harris, Vix Alexander, Mal Head, Jennie Stoeckel, Bob Henderson, Andrew & Julie Vanzyl, Terry Willison, Melvin Wee, Kevin & Katie Frampton.

Visitors:- Joseph Kolman, Ray Walker, Stefan Wiklund.

New Members:- None.

Minutes of previous meeting:- As published in the September Reel Talk. **Moved** Jim Strong, seconded by Morris Kolman, that these are a true record. **Carried.**

Business arising from previous meeting:- Terry Fuller advised that Annual General Meeting minutes needed to be confirmed at the next AGM, and was given approval to split the published minutes into separate GM and AGM minutes. **AP#1**

Previous Committee meeting:-George Holman reported on some items from the August Committee meeting. Peter Pekaar will fill in as DCO until Bob Henderson returns. Bev Grigo has been re-elected as the Club's Public Officer. Remaining funds from grants will be spent soon. Does anyone know where the Sportsperson of the Year trophy from 2001 was, because that has all the names from years before that. **AP#2**

Correspondence In:-	Northampton Shire	Rates notice, Kalbarri
	R & D White Accountants	
	Westpac	Cheque account 31 July to 31 August 2009
	WA Water	Water rates, Kalbarri 18 August 2009
	Ray White	Account details period ending 1 September
		Kalbarri bookings, period ending July 2009
	Ray White	Booking dates, Kalbarri
	Ray White	Paul Johnson, fridge removal Kalbarri
	Synergy	Account due 17 September 2009
	Kaz Cleaners	2 accounts
	AAA	Affiliation Fees
	Printsmart	Reel Talk account, 4 September 2009
	Joe Pullella	Change of postal address
	Various	Membership fees
Correspondence Out:-	City of Stirling	Winter / summer dry casting dates
	Kevin Frampton & Katie Bryce, Charles Faure, Peter Iozzi, Vince & Lisa Iozzi, Andrew & Julie Vanzyl and Terry Willison	Acceptance as new members of the Club
	Glen Tetley	Club information
	5 members	Membership renewals reminders
	Michael Head	Get well card
	Geoff Raftis	Get well card
Emails In:-	AAA	Minutes of 18 August 2009
Emails Out:-	Stefan Wiklund & Josh Lucocq	Their membership applications have been tabled at August Committee Meeting.

Moved Andy Thorgersen seconded Ian Cook that the correspondence in and out be accepted. **Carried.**

Secretary's Report:- John Crompton reported that Colin Sandell-Hay (due to family) and Mike Traynier (work overseas) would not be renewing their memberships. Rhys Jones is on 12 months leave of absence.

Surf Casters team to be arranged for AAAWA State Estuary Championships, 28/29 Nov. **AP#3**

A request received from the City of Stirling to change the date of January Dry Casting from 3 Jan to 10 Jan. They require the Reserve for a New Year carnival event. To be advised formally. **AP#4**

Treasurer's Report:- Bev Grigo reported. Bank balance at 31 July 2009 $15538.87, $2495 in receipts for Aug, $1,288.00 up to 9 Sept, July cheques $3508.90, outstanding cheque for ATO $174, bank fee $5.20. Adjusted bank balance $14,345.77. Accounts tabled for payment:-

Coolbinia rooms 6 months rental	$300	AAAWA Affiliation fees	$200
Synergy for Kalbarri power	$175.50	Secretary general expenses	$46.11
Reel Talk Editor expenses	$313.75		

Moved Marcia Pekaar seconded Michelle Walker that the Treasurer's report be received and accounts be passed for payment. **Carried.**

Property Officer:- Vix Alexander had advised nothing to report.

Field Day Officer:- Mark Hansen reported briefly on the Rottnest August Field Day as covered in Reel Talk. Ian Cook gave details for the September Field day at Emu Springs, and reported briefly on arrangements and costs for Rottnest Field Days.

AAA Report:- George Holman advised that the State Estuary event will be run on 28/29 November, in the Swan and Canning rivers, Headquarter Troy Park.

The motion to delete the Individual Artificial Bait event at State Drycasting will be debated at the September AAA Delegates meeting. This debate will be conveyed to the October General Meeting for directions on how the SCAC delegates should vote. **AP#5**

Social Organiser:- Michelle Walker presented a Certificate of Appreciation to Morris Kolman for his assistance at the Walleroo AAA National Convention. She explained coming social events as printed in the September Reel Talk.

Dry Casting Officer:- Jim Strong presented Holly Walker with an AAA award for Junior Angler of the Year, won through her dry casting.

Peter Pekaar reported on the arrangements for coming dry casting days, as published in Reel Talk. Some visitor casters from other clubs will be attending in September and October.

After some discussion about the trial of 5 casts per event, Ian Cook **Moved,** seconded Alan Jones that the Open Competition allow only 2 casts. **Carried.** **AP#6**

Recorder:- No report.

Reel Talk Editor:- Articles are required by 23 September for the October issue.

Recfishwest Report:- Terry Fuller referred members to his report in the September Reel Talk on West Coast boat fishing licences and demersal fishing rules and licences, and gave an outline of negotiations currently in progress for alternatives as reported in the media. See the Recfishwest report published in Reel Talk for the latest since the meeting.

Business arising from the Recfishwest report:- None.

Notice of Motion:- None.

Website Editor:- Terry Fuller advised a report in the September Reel Talk. No changes since that.

General Business:- George Holman outlined possibilities for a Safari as covered in the President's report in September Reel Talk. He asked members to consider the suggestions and offer any others. **AP#7**

Marcia Pekaar asked about progress with correcting the spelling of her name on the trophy handed to Michelle Walker at the previous meeting. Peter Stoeckel has the trophy and will follow up. **AP#8**

Greg Walker has the keys to the Yokine storeroom. It was agreed that Greg should keep the key because he was the first to arrive. Someone had a second key, possibly Bob Henderson.

The laser measurer and radios are held by Ian Cook. George Holman asked for the AAA's radios to be returned to him. **AP#9**

Greg Walker showed some free mops frames provided by Charles Faure. He gave more details of their 28 November function as detailed in Reel Talk and asked members to RSVP. **AP#10**

Terry Fuller advised he was prepared, subject to their OK, to video the presenters and presentations at tonight's instruction period as a record, for possible future use on the Club website and for distribution to members as part of a package of such information.

Terry Fuller spoke of Jim Strong's long history of work for the club and his need for assistance to be able to continue to live independently. He **moved** that the Club allocate $500 towards the replacement of carpet in Jim Strong's unit. Seconded by Ric Parker. **Carried**. More details in a separate article for Reel Talk.

Raffle:- First prize won by John Crompton. Second prize won by Alan Jones.

Meeting closed:- Formal meeting closed at 9:28 pm.

Instruction Period:- George Holman showed his versatile basic beach fishing rig and explained the features and how it could be adapted for many different conditions.
Peet Wessels showed a live herring rig used for fishing for salmon.
Terry Fuller showed a simple one hook rig and demonstrated how to bait the hook with pieces of mulie or prawn in ways that provided a tempting bait which would stay on the hook as long as possible.
Peter Pekaar showed his beach fishing rig. He explained how to keep the fish on the bite where they may move away unless there is something to keep them interested, and how to be ready for and get the best out of hot bites while the fish are still around.

Action points from September 2009 General meeting.			
No.	**Action**	**By**	**Status**
SepGM #1	Split August minutes into separate GM, AGM minutes.	Terry	Completed 10/9
SepGM #2	Does anyone have/know about Sportsperson of the Year trophy from 2001?	All members	
SepGM #3	Surf Casters teams to be arranged for November AAAWA State Estuary Championships.	Mark	
SepGM #4	Change Dry Casting from 3 Jan to 10 Jan	DCO, John	
SepGM #5	Advise members of debate on AAA Art Bait motion.	Terry, George	
SepGM #6	Update Competition Rules, 2 casts for Open events.	Terry	In the draft updates.
SepGM #7	Consider the Safari suggestions and offer any others.	All members	
SepGM #8	Correct spelling of M Pekaar's name on trophy.	P Stoeckel	
SepGM #9	Return AAA's radios to George.	Ian	
SepGM #10	RSVP if attending G&M Walker's function on 28 Nov.	All members	

SURF CASTERS CLUB COLOURS **Please contact the Secretary** **John Crompton to purchase any of the following items - 9249 6209:**				
Shirts Short Sleeve - $ 30.00		**Shirts Long Sleeve - $ 30.00**	**Polo Jackets $ 50.00**	
2 x size 12	**2 x size 14**	**1 x Size 16**	**Thicker Jackets**	**Light Jackets**
1 x size 16	**1 x size 18**		**2 x XL**	**2 x XL**
1 x size 20	**1 x size 26**		**2 x S**	**1 x XXL**

October General Meeting

Where:	**Coolbinia West Perth Amateur Football & Sporting Club Rooms. Wordsworth Avenue Yokine**
When:	Wednesday 14th October at 20:00 Hours.
Instruction:	TBA

October Field Day

Where:	**Rottnest Island**
When:	10th & 11th October
Where:	**Rottnest Island**
Sign on:	Saturday at the units
Weigh in:	Sunday at the units.
Boundaries:	Rottnest Island.

Local Field Day for October

When:	10th & 11th October
Sign on:	At the General Meeting or to the FDO by 18:00 on Thursday
Lines down:	Saturday 12:00hrs
Lines up:	Sunday 18:00hrs
Weigh in:	George Holman's House. Scales will be available on his back patio. An adult member must witness weights. FD Money to be left with the scales in an envelope with your name and details written in the carbon copy FD book NO MONEY NO POINTS. Results to be phoned into F.D Officer by 2000hrs that night.
Boundaries:	Cape Peron to Two Rocks

November Field Day

Where:	**Cervantes**
When:	14th & 15th November
Sign on:	Saturday 11:00 hr Hill River car park
Weigh in:	Sunday 11:00 hr As above
Boundaries:	1 km south of Cervantes jetty to 100m north Hill River mouth.

Local Field Day for November

When:	14th & 15th November
Sign on:	At the General Meeting or to the FDO by 18:00 on Friday **Lines down:** Saturday 12:00 hrs
Weigh in:	Sunday 11:00hrs George Holman's House. Scales will be available on his back patio. An adult member must witness weights. FD Money to be left with the scales in an envelope with your name and details written in the carbon copy FD book NO MONEY NO POINTS. Results to be phoned into F.D Officer by 2000hrs that night.
Boundaries:	Cape Peron to Two Rocks

******* Rottnest Field Day October ********

IMPORTANT INFORMATION

Only one Caroline Thompson unit could be booked for the Friday night. Four people will be going over Friday night. The rest will arrive on the 10:00 ferry. All their gear will go into the Friday night unit (will be crowded) till we return from West End when we will have access to the other two units. If anyone wishes to go back on the Sunday ferry they need to advise me by 1 October so I can organise the ferry and gear pickup.

All members going to Rottnest Island Saturday morning must be at Rouse Head 45 minutes prior to the ferry departure time of 10:00 hr.

Sunrise and Sunset

	Sunrise	Sunset	hours	Pickup times
Oct 10,	5:43	18:25	12h 41m	12:00 19:30
Oct 11,	5:42	18:25	12h 43m	05:15 19:30

We would need a pickup at 05:15 to be out at West End by sunup on the Sunday. This is a very long day. In August there were 10h 56m daylight hours. So have a think if you wish to be out all day or go out about 10:00 on the Sunday. Please give me some feedback.

Tides

Saturday 10th Oct 2009	0.41m @ 12:56 PM
Sunday 11th Oct 2009	0.94m @ 12:15 AM
Last Quarter	0.40m @ 1:32 PM
Monday 12th Oct 2009	0.88m @ 1:00 AM

These tides will make the fishing ok as the tide at 18:00 will be about 0.62 – 0.67 which is still fishable.
Any queries contact ***Cookie***

Tight Lines
Ian

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Help for Jim Strong to live independently.

When I joined this club in 1962 as a 19 year old youth, Jim Strong and his friend Norm Giles welcomed me into this club. Jim helped me and started me on the wonderful association I have had with this club over 47 years, on and off. I can remember being picked up by Jim and taken to many wonderful Garden Island Field Days in those early days.

Over the years, Jim has done lots for this club, and is still doing what he can manage. Now Jim is not in the best of health and really needs some help to be able to continue to live independently in his unit at Yokine.
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I congratulate our Secretary John Crompton for the wonderful work he has done so far for Jim, and the members who have donated money for this.

The carpet in Jim's unit needs replacement – and urgently – for the good of Jim's future health. Peter Pekaar has volunteered to replace the carpet with vinyl which will be much easier to keep clean.

The Club's Constitution, prepared so long ago, made provision for the club to help people in Jim's position. As reported briefly in the minutes of the September meeting, I moved that the Club allocate $500 towards the replacement of carpet in Jim Strong's unit.

I asked the members to support this motion to recognise Jim's health and welfare situation, his great contributions to the club, and his need for such assistance at this time in his life.

I have since also asked the Australian Anglers Association to contribute towards this work, and the Association has given $500. I thank all club members and AAA Delegates for their generous support for Jim.

Terry Fuller, Vice President and AAA Delegate.

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President's Report for October Reel Talk.

A month has come and gone already and it was good to see a good roll up at the September General Meeting which seemed to run smoothly.

New members in Vince and Peter Iozzi and Charles Faure were made welcome into our club. We hope they enjoy all we have to offer and learn a lot.

I'm happy to report that Geoff Raftis is on the mend after his shoulder operation and it won't be long before he is catching the odd fish or two. He rang me to offer to help with club drycasting which is always appreciated.

Bob Henderson should be back in time to run the October club drycasting day with help from his assistant Alan Jones. All roll up and make him welcome, please.

The Pekaars are currently tripping around the south of the State on a brief holiday, enjoying themselves in the lovely spring weather, oh sorry, that's winter weather.

Jim Strong was somewhat speechless and very grateful for your response to the motion put by Terry Fuller to allocate $500 towards helping him with the floor coverings in his unit, and to the offer by Peter Pekaar of help, along with other members of the Club. Truly, this is what a club is all about and makes me proud to be in the chair.

Jim Strong has had the operation on his hand cancelled as he had a bit of a health problem arise and he has to take things very easy.

At the last General Meeting, I touched on the topic of proposed safaris, and detailed them a bit more. The rest is up to you to make a decision so we can move forward.
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The AAAWA State Estuary Championships event is to be held on 28/29 November with the headquarters at Troy Park in Melville. Boundaries will be from the Fremantle Traffic Bridge upstream in the Swan and Canning Rivers. Briefing 11am-12noon Saturday, lines down 1pm, weigh in 10am Sunday. We need someone to coordinate our club participation in this event, and we need good attendances to see these events continue to be run by the AAAWA and help the Association survive. Let's see if we can get a good roll up from our Club.

State Dry Casting Championships still need someone to run it.

Michelle Walker has been working hard on future social activities with the Botanic Golf set for 18 October. Details published in the September Reel Talk.

There will be a barbecue and night cast at the Holman residence, rear of 89 Clontarf St, Sorrento on Saturday 21 November. I am sure Michelle has more details elsewhere in this issue.

Lea Taylor is scheduled to do the second part of his talk on soft plastics and hard bodied lure fishing as our instruction period for October. The first half was very informative and I am sure this will be a great follow up. Club members fishing Rottnest, and members fishing the mainland in the Swan and local beaches and rock walls have an ideal opportunity to put Lea's pointers into action. I know Terry Willison is on the edge of his seat already!

If there is any problem with any of our instruction periods I will bring along a rod or two and give broad based talk on rods, or Terry can de-mystify all the coming changes in the fishing rules.

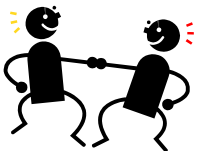
Good fishing and casting.

George Holman.

New Member Acceptances

The following application for membership has been accepted,
and will be invited to the next General Meeting to be welcomed
into the Club.

Stefan Wiklund



New Member Application

"Application for membership has been received and will come before the next Committee meeting. If any member has any reason why the application should not be accepted, please contact a Committee Member and state the reason."

Josh Lucocq

Calendar for Next Three Months

Here's a calendar showing the dates we will use for Dry Casting, General and Committee Meetings, and Field Days in the next three months.

~~29~~	AAA Event
8	Dry Casting
11	General Meeting
14	
15	Field Day
18	Committee Meeting

October 2009							November 2009							December 2009						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	**4**	30						**1**		1	2	3	4	5	**6**
5	6	**7**	8	9	***10***	***11***	2	3	4	5	6	7	8	7	8	**9**	0	11	***12***	***13***
12	13	**14**	15	16	17	18	9	10	**11**	12	13	***14***	***15***	14	15	~~16~~	17	18	19	20
19	20	~~21~~	22	23	24	25	16	17	~~18~~	19	20	21	22	21	22	23	24	25	26	27
26	27	28	29	30	31		23	24	25	26	27	~~28~~	~~29~~	28	29	30	31			

ALUMINIUM CANS

PLEASE BRING IN YOUR ALUMINIUM CANS TO NEXT GENERAL MEETING AND PASS THEM ONTO MAL HEAD.

All profits go to the Surf Casting & Angling Club

Sent in by Mark Hansen...

A man called home to his wife and said, "Honey I have been asked to go fishing up in the Territory with my boss & several of his friends.
We'll be gone for a week. This is a good opportunity for me to get that promotion I've been wanting, so could you please pack enough clothes for a week and set out my rod and fishing box. We're leaving from the office & I'll drop in at the house to pick my things up" "Oh! Please pack my new blue silk pyjamas."
The wife thinks this sounds a bit fishy but being the good wife she is, did exactly what her husband asked.
The following weekend he came home a little tired but otherwise looking good.
The wife welcomed him home and asked if he caught many fish?
He said, "Yes! Lots of Barra. But why didn't you pack my new blue silk pyjamas like I asked you to do?"
The wife replied, "I did. They're in your fishing box....."

The 2010/2011 SCAC Calendar!

We are starting to plan a fantastic new calendar for the Surf Caster's Club. This time it is up to you – the Club's members - to say what you would like to see displayed each month in the calendar.

We need you to send in all your great photos to Michelle Walker at gregwalkercontract@bigpond.com, or bring them as soon as possible to the general meeting, and you will have a chance to get your calendar for FREE. We are holding a competition for the front cover and the picture chosen will be the cover of this fantastic asset to yourself and the SCAC.

We are looking for photos from Field Day venues – both fish and the venue itself, wonderful sunsets or sunrises on the beach, pictures from dry casting and as much variety as you can imagine.

This will be a fun event that everyone can participate in – join in and share your wonderful photo memories with your fellow club members.

This competition closes at the end of January 2010 so be quick and have your say in what you display on your wall when you purchase the great new 2010/2011 SCAC Calendar!

Michelle's Social Report

BOTANIC GOLF HAS BEEN BOOKED FOR THE 18TH OCTOBER 2009. START TIME 4.30PM-5.00PM. THIS HAS BEEN BOOKED AS A GROUP BOOKING SO THAT WE GET THE DISCOUNTED RATE. SO TO MAKE THIS WORK WE NEED 20 OR MORE PEOPLE TO COME AND HAVE A GREAT TIME.

THE DISCOUNTED RATE FOR 20 OR MORE PEOPLE IS-

ADULTS $14.00
CONCESSION $11.50
CHILDREN 4 – 15 YEAR OLD $10.00
NON PLAYING ADULTS $4.00
NON PLAYING CHILDREN FREE

FOR DINNER AFTER GOLF A TABLE HAS BEEN BOOKED TO HAVE WOODFIRED PIZZAS AT 6.30PM (this is **NOT** included in the entry fee)

PLEASE LET ME KNOW IF YOU CAN MAKE IT – I LOOK FORWARD TO SEEING YOU ALL THERE! DON'T FORGET TO INVITE YOUR FAMILY AND FRIENDS TO JOIN IN THIS FUN-FILLED EVENT. THE MORE PEOPLE THAT JOIN IN – THE MORE FUN THAT WE WILL ALL HAVE – WHO WILL WIN BRAGGING RIGHTS FOR THE BEST SCORE??? YOU HAVE TO BE IN IT TO EARN THAT RIGHT! CONTACT MICHELLE WALKER ON 0407037725 AS SOON AS POSSIBLE TO LET ME KNOW THAT YOU AND YOU FAMILY AND FRIENDS WILL BE JOINING US ON THIS GREAT EVENT. DON'T MISS OUT – YOU WILL NEVER KNOW HOW MUCH FUN AND LAUGHTER YOU WILL BE MISSING OUT ON!!!

☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺☺

Annual Night Dry Cast & BBQ

This has been set for Saturday 21st November 2009

Start time for the BBQ is 6:00pm and casting at 8:00pm

Bring your food, a chair to relax in and your rods for the winning cast!

This will be held at George & Kaye Holman's home at:

89 Clontarf Street, Sorrento.

Any enquiries or questions, please contact Michelle Walker.

Please note, Michelle, Greg and Holly's **Annual Christmas Party** is on **Saturday, 28th November, 2009**
at **34 King Edward Drive Heathridge.**
BYO Salad and Drinks.
Starting at **5:00pm** and finishing **LATE!!!**
All Club Members and Partners are invited.

RSVP November General Meeting 11/11/2009.
Please contact Michelle on 0407 037 725
or Greg 0407 037 721
or email gregwalkercontract@bigpond.com

Happy Birthday!!!

Congratulations to these following Club members who celebrate their Birthday in October:

Jamie Reilly_____3rd
Lea Taylor_____4th
Stevie Pekaar_____7th
Simone Taylor_____10th
Claudine Wee_____17th
Eric Sullivan_____27th

Editor's Report

Well, this Reel Talk is a little bit lean on entertainment as the Field Day Report won't be ready until after the due date to have this printed! I have hopefully held your interest with other bits of information and thought that I would take advantage of a little extra space to put in a couple of pictures of Kaitlin! These photos were taken by John Crompton when he, Peter and Kaitlin decided to test the waters last April in the Yanchep area. This was her second trip away over night (I am the only one who was worried about it!!!) and Kaitlin had so much fun that she has not stopped nagging Peter since to take her away again! Soon, soon, the weather will be warm enough so I don't have worry about my daughter being returned in ice-block form!

Regards to you all,
Jennie

Recfishwest report for Reel Talk October 2009

1. West Coast fishing licences and rule changes – alternative proposals

In July the Government announced licence and management changes to commence on 15 October 2009. Those were decisions by the whole of Cabinet (the Government), and not by the Minister for Fisheries or the Department of Fisheries. The "Fishing Tax Grab" group http://www.fishingtaxgrab.com/ is opposed to the proposed licences and urged people to write to their Members of Parliament, resulting in thousands of letters.

Supported by those, the Labor Opposition has threatened to block those changes using a Disallowance Motion in Parliament. Some Government backbenchers signaled a possibility (or stronger) to also oppose the Government. The Premier and the Fisheries Minister have stood firm that the **50% reduction** in the mortality of demersal fish due to recreational fishing is **not negotiable**, and challenged the opponents to come up with alternatives to achieve that.

Recfishwest called a meeting of Industry, etc attended by representatives as listed below, to produce a combined alternative proposal. Ben Patrick (Fishing Tax Grab), Ian Stagles (WA Game Fishing Association), Mike Roennfeldt (Media), Matt Howard (Charter), Simon Joll (Boating Western Australia), Bruce Barnett (Boating Western Australia), Doug Bathgate (Recreational Fishing Advisory Committee), Tim Carter (Australian Fishing and Tackle Association), Paul Duggan (Australian Fishing and Tackle Association), Scott Coghlan (Media), Geoff Ellis (Boating Industry Association of WA), Pat Shinnick (Australian Anglers Association), Lindsay Joll (Dept of Fisheries), Craig Leatt-Hayter (Recfishwest), Frank Prokop (Recfishwest), Terry Fuller (Recfishwest), Norman Halse (Recfishwest), Des Wood (Recfishwest), Kane Moyle (Executive Support, Recfishwest)

That **complete group** (not just Recfishwest) came up with an agreed alternative to the management and licences proposed by the Government, which they believed more than met the 50% reduction target, based on calculations using data available to the group.

Recfishwest presented the outcomes of that meeting to the Minister, including presenting the alternative views of some of the Industries on licences. The Minister asked the Dept of Fisheries to advise him if the proposal met his non negotiable 50% reduction in the mortality of demersal fish. The Department advised that it did not, in its opinion, meet the 50% target, and changes were proposed to the package.

That revised package was discussed at a second meeting of the above group on Monday 7 September, called by the Boating Industry Association. AAAWA's dissenting opinion as written by Pat Shinnick on behalf of AAA's boating clubs was presented by me and is recorded in the notes of the meeting. The proposal reported (not completely accurately) in Wednesday's (9 Sept) paper is a combined proposal from those industry groups and people, not just Recfishwest. Pat Shinnick has been involved in this as Australian Anglers Association WA President. He provided a written paper, he attended and spoke at the first meeting, and he gave written comments to be used by me on his behalf at the second meeting, which he was not able to attend because of work commitments in the country that week.

I talked with Pat Shinnick about this before the second meeting, and he told me he had consulted with some people from the AAAWA boating clubs. The opinions of club recreational anglers have been represented to Recfishwest through the President of the Australian Anglers Association.

The Recfishwest Board considered the package at the 9 September Board meeting. Recognising the long time which has elapsed debating management for West Coast demersal fish and the strong opposition to the high cost licensing package proposed by the Government, Recfishwest has advised the Minister that Recfishwest supports this package as an alternative. Some other groups are opposed to some parts of the package.

A meeting was held on Friday 11 September between the Minister, RFW Board, representatives of the groups above, and more fishing media people at which the Minister spoke and took comments from people. The Minister and Government will now consider the alternative proposal.

As many people would be aware, there are enormous differences of fisher's and industry opinions about many aspects of all this, including some strong, diametrically opposed and ***"not negotiable"*** stances by some.

Recfishwest is well aware of all these opinions. Recfishwest can **PRESENT** these but cannot **REPRESENT** (which means *"promote and expect the acceptance and use of"*) **ALL** of these conflicting and opposing opinions and then achieve an outcome.

It is one thing to come up with a proposed package, but then the fine and consequential details need to be worked through, before a final agreement can be reached. In this case there are **very** complicated political and Government issues, as well as the fisheries management issues.

Publicity for such ongoing and rapid negotiations is always problematic until enough details are final and agreed. Recfishwest recognises that there are many different views on such an important matter such as licensing and demersal scalefish management, and are pleased that the government is negotiating on a number of the more contentious aspects of the previously announced package.

Recfishwest has advised its members and the public of the proposal. See Recfishwest's Media Release *"Recfishwest seeks Minister's support for fisheries management package"* http://www.recfishwest.org.au/MediaReleaseDemersalPackage.htm The Fisheries Minister has announced the Government's decisions. See the separate item.

Did I say "The busy times continue"? What an understatement!!

2. West Coast fisheries management and licence decisions by Government.

On 16 September, the Minister for Fisheries announced the Government's decision on the alternative management package proposed by Recfishwest. The government's decision package and frequently asked questions are covered on the Fisheries website in http://www.fish.wa.gov.au/docs/pub/RecFishArrange/index.php

Here is a summary. Please note there are lots of other details covered in the FAQ, and some which will become obvious when the Regulations are released.

- Abolishing the proposed annual $150, fortnightly $60 and daily $20 demersal scalefish licence
- Introducing a mixed daily bag limit of 2 **demersal** scalefish from the West Coast Demersal Scalefish sub category, of which only 1 can be a dhufish
- Introducing a mixed daily bag limit of 2 **pelagic** scalefish from the West Coast Pelagic Scalefish sub category.
- Some pelagic species moved from High Risk to Medium Risk category
- A daily boat limit of 2 dhufish will apply, however, there will be a boat limit of 6 dhufish permitted for charter boats in recognition of the business pressures on charter operators
- A requirement to carry a release weight will apply to all (boat) anglers fishing for demersal species, to assist in mitigating barotrauma and improve survival rates of demersal scalefish returned to the water
- A two-month season closure from October 15 to December 15 inclusive remains for demersal species.
- The State wide $30 recreational boat fishing licence remains but will only apply to people fishing from registered boats and will be used by researchers to build a database of boat fishers and their catch
- Any non-licensed boat fishers - not just those under the age of 16 - may fish for free with a licensed fisher provided the provisions of the licensed fisher's daily bag and size limits are honoured
- A simple $15 'ticket' system is proposed for charter clients who don't already hold a boat fishing licence
- Standardisation of other fishing licence fees to $40 for marron, lobster, abalone, net fishing and freshwater angling. Licences taken out concurrently are entitled to a 10 per cent discount on the transaction
- All funds raised through the sale of recreational licences will be placed in the Recreational Fishing Trust Fund to exclusively fund activities related to recreational fishing
- A 50 per cent discount for fishing from a registered boat licence will apply for pensioners and people under 16.

  Note:- No licence is required for line fishing from the shore for finfish.

Proposed West Coast Demersal Scalefish sub category. Proposed combined daily bag limit of 2 in West Coast, with individual species daily bag and existing size limits. Applies from 15 October when the 2 month closed season starts.

Cods.	Coral trout and Coronation trout
Dhufish, 1 per person, 2 per boat, 6 per charter boat	Emperors
Groper, baldchin and tuskfish	Groper, western blue
Hapuku/bass groper/trevella and grey banded rock cod	Parrot fish
Pink snapper	Queen snapper (blue morwong)
Tropical snappers and sea perch (mangrove jack, fingermark, job fish, stripey sea perch etc.)	Red snapper - bight redfish, nannygai and swallowtail
Red emperor	Foxfish and Pigfish

Proposed West Coast Pelagic Scalefish sub category. Proposed combined daily bag limit of 2 in West Coast, with existing individual species daily bag and size limits. Will begin on 16 December.

Barracuda	Billfish - sailfish, spearfish, swordfish, marlins
Cobia	Mackerel – shark
Mackerel - broad-barred (grey) and Spanish, narrow-barred	Samson fish/amberjack/yellowtail kingfish
Mahi mahi (dolphinfish)	Mackerel - wahoo
Trevally, giant and golden	Tuna - southern bluefin, yellowfin, bigeye

Remember this category is just for the WEST COAST region which has its northern boundary between Kalbarri and Shark Bay. Does not affect Steep Point or the Gascoyne region.

West Coast Medium Risk category list then becomes:- Proposed combined daily bag limit of 12 in West Coast from 15 October, with existing individual species daily bag and size limits. Transfer between categories will be from 16 December.

Bream – north-west, black and yellowfin	Trevally – silver (skippy), diamond, etc.
Flathead and flounder	Goatfish
Mackerel, Australian Spotted, and Mackerel, Queensland School	Bonito – leaping and oriental, and other tunas
Leatherjacket	Snook and pike
Tailor	Tarwhine
Whiting – King George	Whiting – yellowfin
# Cobbler	# Mulloway
# Salmon, Australian	# Sharks and rays
# Trout, brown and rainbow	*# = moved from High to Medium Risk category*

This list is just for the West Coast and does not apply in South Coast. See West Coast Guide for all current individual species daily bag and size limits.

West Coast Low Risk category and species is not changed, but the proposed combined daily bag limit is reduced to 30 in West Coast from 15 October.

Demersal scalefish caught in other regions during the two-month closure (such as Shark Bay pink snapper) can be taken into the West Coast Bioregion during the two-month demersal scalefish closure, but can only be transported by land or air, not by boat. It will not be an offence to store or possess on land demersal scalefish taken outside of the closed period (for example: frozen dhufish or pink snapper).

3. Regional Policy Officer employed

The Special General Meeting held on 24 August approved a revised Constitution for Recfishwest, to include regional and country representation.

Extra staff will be required as an essential part of that. Interim funding has been received.

Recfishwest's new Regional Policy Officer has been selected from 5 applicants. Andrew Rowland commenced work on Thursday 10 September. Extra admin support will also be provided.

4. Community Consultation Survey - Fishing - Yanchep Lagoon Beach

The City of Wanneroo is seeking feedback on a proposal to restrict or prohibit fishing at the Yanchep Lagoon Beach. The web page says the City of Wanneroo can, by signage, restrict or prohibit activities, however it is believed that all fishing (and restrictions) is controlled by the Minister and Dept of Fisheries. The online survey gives only three options and space for some comments.

1. Support prohibiting fishing at the Yanchep Lagoon beach
2. Support restricting fishing to between 7.00pm and 7.00am the following day
3. Prefer that no restriction to fishing be introduced.

This is essentially a resource sharing question. Under the propose options for restrictions, there would be plenty of time that swimmers, etc wouldn't want to use the area and yet fishermen would still be locked out.

City of Wanneroo says that survey closed on 18 September despite the webpage not having any closing date on it. People can still email comments to enquiries@wanneroo.wa.gov.au

5. Recfishwest Membership

Recfishwest is the peak body representing the interests of recreational fishers in Western Australia. Last year when the organization was under threat, recreational fishers supported Recfishwest, but **we need you to continue that support.**

Decisions to be made in 2009 will affect future fishing opportunities for your children and grandchildren. Recfishwest intends meeting these challenges and assures you that we will be the most effective vehicle for getting your views heard in this crucial year.

Recfishwest is **your** public voice whenever decisions which affect our fisheries, or access to them, are being made. We want you to become a member of Recfishwest or to renew your membership. Membership costs only $20 a year per person, $40 for families and $10 for seniors.

Please contact the office on (08) 9246 3366, email to recfish@recfishwest.org.au or apply at the Recfishwest website, http://www.recfishwest.org.au/MembershipDet.htm Together we can make a difference!!

This report has been prepared by Terry Fuller, your Recfishwest Board Member for the Australian Anglers Association working voluntarily on your behalf. Contact Terry on 9447 4545 or email terryfuller@iinet.net.au with any questions or comments.

AAA Report for October Reel Talk.

There were 14 delegates present at the September meeting of the Association, including our two delegates Terry Fuller and George Holman. Also present from the club were Jim Strong, Marcia and Peter Pekaar, John Crompton and Ian Cook in other AAA roles. Greg Walker and Mark Hansen attended as visitors.
A good deal of time was spent discussing the new fishing management rules and fees which were announced the day after the meeting. George Holman pointed out that he hoped all club members appreciated the time and work that Terry Fuller and Pat Shinnick had put in on behalf of the Association.
The boating group was to have their meeting the following night to set up their championships to be hosted by the Mandurah Offshore Fishing and Sailing Club on 27 March 2010
Don Cox and Jason Pember gave a report on the coming AAAWA State Estuary Championships event to be held on 28/29 November with the headquarters at Troy Park in Melville. Boundaries will be from the Fremantle Traffic Bridge upstream in the Swan and Canning Rivers. Briefing 11am-12noon Saturday, lines down 1pm, weigh in 10am Sunday. Please give some thought to participating in this event and hopefully we will be able to field a team or two.

State Drycasting is floundering as no-one has put up their hand to run this event. George Holman has said he will run the 2010 event. Pat Shinnick expressed his disappointment and said he will see if he can run it, as all events should be run if possible.

Terry Fuller gave a full Recfishwest report about what may happen with the new management rules.

One of the topics in Terry's report was community consultation on a proposal to close Yanchep Lagoon beach to fishing. The City of Wanneroo is seeking feedback on a proposal to restrict or prohibit fishing at the Yanchep Lagoon Beach. See details in the Recfishwest report.

Debate was held on Chas Riegert's motion to drop the second individual artificial bait event in State Dry Casting championships. He was the only speaker for the motion and there were two speakers against, George Holman and Terry Fuller. George Holman has been the main organiser for this event for many years. The following are his answers to each of Chas' points.

- The comments about the event consistently running late are not factual as competition normally finishes by 4-5 pm, followed by presentations at 5.30 at the latest. An exception to this was one event which ran late due to accepting late entries on the day.
- Competitors making up the numbers for their club team can (and do) leave early after the two distance team events are cast and these are always cast before the two individual distance events.
- Making comparisons with the double handed accuracy counting for both is misleading as there needs to be two artificial bait events. The first is to count for team scores and casters are under instruction on what to do from the captains. This can be detrimental if counted for their individual score if they are told to "hold back". An individual "going for broke" penalises only himself in individual casting but doing that in a team event would penalise his team.
- There has never been a State dry casting championship which has not completed the day's program.
- The statement that other States already use this system is false. Only South Australia cast a short event – DH accuracy, 56 gram distance, and one Artificial Bait. This has been run in this manner for the last 20 years as they are not a strong casting state.
- National casting always runs a full program and we are supposed to follow national rules. Twice before motions to shorten National events were given from South Australia and both were defeated.

Ian Cook commented that he had seconded the motion because of the length of the day. He believed if the issues could be resolved to make it run efficiently, the timeframe would not be an issue, and he might not vote for the motion.

Terry Fuller spoke against the motion. He said this was a classic case of fuzzy, muddled thinking. He agreed with Ian Cook that if timing or length of the day is an issue, the event could be run more quickly and efficiently, and all that might need is for more people to be prepared to help run the event and not stand around watching. He believed that proposals for rule changes should come from the Dry Casting Group, not from individuals. The alternative of allowing individuals to put such motions has the potential to waste delegates' time on motions which do not have the support of the relevant Group.

Delegates are to discuss with their respective clubs and a vote will be held at the October meeting. SCAC members should consider and instruct their 2 delegates how to vote.

Terry Fuller moved a motion at the end of the meeting to sponsor our Senior Patron Jim Strong to the tune of $500 to help Jim retain his independence to live at his current address, and to do some work in Jim's unit to achieve that goal.

Jim goes back to the inception of this Association and lives and breathes and promotes the Association at every opportunity. We have all benefitted from his efforts. The motion was passed. Thank you, Jim.

George Holman, AAA Delegate from Surf Casting and Angling Club.

Dry Casting Results, 13 September 2009

These results have been prepared from the original hand written distances and scores recorded on the day. Marcia and Peter Pekaar copied the scores from the score sheets into an electronic format, adjusted the distance scores for the 20 metre measurement setback, and cross checked all final figures against the original score sheets.

Terry Fuller used his computer system to process the results to calculate the points, add all together, sort into final score order, extract the section winners and year's best as shown on the second page, and progressive scores for use at the end of the competition year.

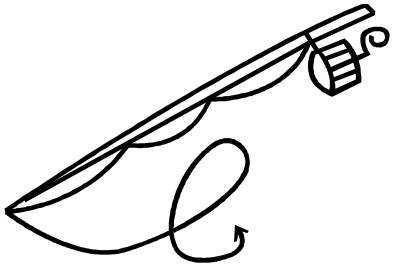
Results for the day	56 gram			Artificial Bait			112 gram			Double Handed Accuracy									Single Handed Accuracy							
	Cast	Cast		Cast	Cast		Cast	Cast		Target number									Target distance					Day	Attendance		Total
Seniors	1 (m)	2 (m)	Points	1 (m)	2 (m)	Points	1 (m)	2 (m)	Points	3	3	1	1	4	4	2	2	Points	L	S	L	S	Points	**Total**	D C	G M	**Points**
Peter Pekaar	128	146	27	149	149	30	174	177	35	5	15	7	19	15	14	18	12	105	0	7	3	10	20	217	10	10	237
Ian Cook	144	155	30	0	128	13	0	136	14	10	21	15	14	22	7	17	6	112	8	0	6	7	21	190	10	10	210
Eric Parker	106	114	22	126	116	24	134	137	27	5	11	14	13	0	0	18	25	86	0	5	1	4	10	169	10	10	189
Mark Hansen	113	110	22	0	108	11	74	119	19	16	12	0	5	17	20	9	20	99	0	10	0	6	16	167	10	10	187
Malcolm Harris	150	146	30	148	147	30	179	0	18	2	0	18	24	11	0	0	23	78	4	9	0	7	20	176	10	0	186
Jeff Hewton	115	118	23	121	0	12	140	138	28	0	10	5	18	0	14	16	3	66	0	0	3	0	3	132	10	0	142
Veterans																											
George Holman	133	128	26	119	0	12	144	136	28	24	20	22	20	23	11	21	16	157	2	8	7	2	19	242	10	10	262
Malcolm Head	108	106	21	92	95	19	125	123	25	15	20	21	5	20	16	12	25	134	8	9	6	4	27	226	10	0	236
Gary Gildersleeves	133	124	26	111	111	22	139	148	29	18	12	22	17	16	13	15	13	126	7	9	0	6	22	225	10	0	235
Terry Fuller	95	99	19	83	93	18	100	111	21	0	17	22	17	16	14	22	10	118	5	8	4	7	24	200	10	10	220
Dean Stewart	85	87	17	81	75	16	98	107	21	16	18	19	15	19	19	12	9	127	6	1	3	5	15	196	10	10	216
Allan Jones	118	116	23	93	90	18	105	113	22	7	15	20	23	1	22	10	7	105	1	5	7	10	23	191	10	10	211
John Crompton	91	80	17	66	81	15	103	91	19	13	16	17	0	18	0	18	20	102	0	3	0	0	3	156	10	10	176
Trevor Stam	13	22	4	53	13	7	87	77	16	0	14	21	14	9	0	14	2	74	8	3	0	3	14	115	10	10	135
Jim Strong																									10	10	20
Ladies																											
Marcia Pekaar	89	91	18	76	77	15	104	101	21	17	16	20	22	12	0	7	22	116	1	9	7	1	18	188	10	10	208
Wendy Hansen	87	107	19	82	81	16	86	98	18	17	19	14	22	1	11	14	7	105	0	7	8	0	15	173	10	10	193
Vix Alexander	101	97	20	85	81	17	105	109	21	0	17	23	19	4	12	15	13	103	0	6	4	8	18	179	10	0	189

Dry Casting Winners for 13 September 2009

These results have been prepared by Marcia and Peter Pekaar and Terry Fuller from the original hand written distances and scores recorded on the day.

Event	Seniors winner		Veterans winner	
56 gram Score	30	Ian Cook, Malcolm Harris	26	George Holman, Gary Gildersleeves
56 gram Distance	155	Ian Cook	133	George Holman, Gary Gildersleeves
Artificial Bait Score	30	Peter Pekaar, Malcolm Harris	22	Gary Gildersleeves
Artificial Bait Distance	149	Peter Pekaar	119	George Holman
112 gram Score	35	Peter Pekaar	29	Gary Gildersleeves
112 gram Distance	179	Malcolm Harris	148	Gary Gildersleeves
Double Handed Accuracy	112	Ian Cook	157	George Holman
Single Handed Accuracy	21	Ian Cook	27	Malcolm Head
Section Highest Points	237	Peter Pekaar	262	George Holman

Event	Ladies winner	
56 gram Score	20	Vix Alexander
56 gram Distance	107	Wendy Hansen
Artificial Bait Score	17	Vix Alexander
Artificial Bait Distance	85	Vix Alexander
112 gram Score	21	Marcia Pekaar, Vix Alexander
112 gram Distance	109	Vix Alexander
Double Handed Accuracy	116	Marcia Pekaar
Single Handed Accuracy	18	Marcia Pekaar, Vix Alexander
Section Highest Points	208	Marcia Pekaar

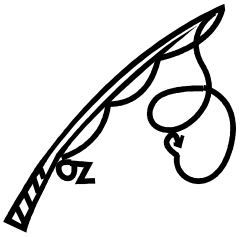


Event	Overall winner for September		Year's best up to September	
56 gram Score	30	Ian Cook, Malcolm Harris	30	Ian Cook, Malcolm Harris
56 gram Distance	155	Ian Cook	155	Ian Cook
Artificial Bait Score	30	Peter Pekaar, Malcolm Harris	30	Peter Pekaar, Malcolm Harris
Artificial Bait Distance	149	Peter Pekaar	149	Peter Pekaar
112 gram Score	35	Peter Pekaar	35	Peter Pekaar
112 gram Distance	179	Malcolm Harris	179	Malcolm Harris
Double Handed Accuracy	157	George Holman	169	Malcolm Head, Gary Gildersleeves
Single Handed Accuracy	27	Malcolm Head	29	George Holman
Section Highest Points	262	George Holman	279	Gary Gildersleeves

Dry Casting Top Scores for 2009/10

Total scores up to and including September casting. Only the best 11 months out of 12 will count at the end of the competition year.

Name	Points	Rank	Name	Points	Rank	Name	Points	Rank
George Holman	1230	1	Vix Alexander	541	14	Greg Walker	70	27
Allan Jones	1179	2	Rhys Jones	537	15	Andrew	69	28
Peter Pekaar	1047	3	Trevor Stam	530	16	Kevin Frampton	35	29
Terry Fuller	1025	4	Gary	514	17	Eric Leigh	31	30
Marcia Pekaar	950	5	Holly Walker	331	18	Matt Dillon	31	31
Mark Hansen	902	6	Jeff Hewton	323	19	Geoff Raftis	20	32
John Crompton	834	7	Peter Stoeckel	290	20			
Dean Stewart	753	8	Michelle Walker	244	21			
Malcolm Head	714	9	Terry Willison	224	22			
Malcolm Harris	668	10	Charles Faure	213	23			
Wendy Hansen	666	11	Jim Strong	150	24			
Eric Parker	607	12	Kaitlin Stoeckel	111	25			
Ian Cook	555	13	Gino Bird	97	26			



112 Gram Open – 13 September 2009

SENIORS

Name	Cast 1	Cast 2	Best cast (metres)
Mal Harris	171.98	172.41	172.41
Peter Pekaar	169.38	165.75	169.38
George Holman	166.88	159.47	166.88
Ian Cook	159	158.82	159
Gary Gildersleeves	152.27	152.23	152.27
Jeff Hewton	145.05	122.99	145.05
Mark Hansen	133.41	105.74	133.41
Trevor Stam	75.0	74.6	75

LADIES

Name	Cast 1	Cast 2	Best cast (metres)
Vix Alexander	127.46	118.41	127.46
Marcia Pekaar	108.96	108.12	108.96
Wendy Hansen	104.80	105.64	105.64

DRY CASTING REPORT
13 September 2009
By Peter Pekaar

The wet start on Sunday morning probably put off some casters from competing. However, the day turned out to be fine with light west to north-west winds. I'd like to thank the members who helped set up for the day's casting and to **Marcia** for putting out the flags.

In the Seniors, **Ian Cook** certainly earned his bragging rights. He had the longest 56g cast and equal top scored in that event with **Mal Harris**, and went on to win both D/H Accuracy and S/H Accuracy scores.

As usual, the Veterans had their high standard of accuracy casting on show. **George Holman** had the highest D/H Accuracy score of the day, with 157 points, and **Mal Head** top scored for the day in S/H Accuracy with 27 points.

The Ladies all went well, sharing the glory and all achieving scores over 100 points in D/H Accuracy.

Well done to both **Wendy Hansen** and **Dean Stewart** who both achieved personal best scores – Wendy in the 56g event with a cast of 107m; Dean with a cast of 107m.

The sound of lead sinkers hitting the cones was audible on four occasions. **Eric Parker** scored the only bull's eye in D/H Accuracy, while the other three were in S/H Accuracy by **Peter Pekaar**, **Mark Hansen** & **Allan Jones**.
Unfortunately, Greg Walker was not able to provide the usual barbecue due to mechanical problems, so as a result we had to cancel the **Straightest Centre Cast Competition**. In the Seniors, it was decided by the group that Eric Parker would have easily won with one of his casts being 100/150mm off centre. Well done, Eric.

Section Winners

Seniors:	Peter Pekaar	237 points
Veterans:	George Holman	262 points
Ladies:	Marcia Pekaar	208 points

Our next casting date will be Sunday, 4 October. Seniors will be doing Distance first then Accuracy. Veterans, Ladies, and Juniors will be doing Accuracy first then Distance.

112g Open
The 112g Open was well attended with 11 people competing in the two-cast event. **Malcolm Harris** was the eventual winner and I believe personal bests were achieved by all the women, **Wendy Hansen** (105.64m), **Marcia Pekaar** (108.96m) and **Vix Alexander** (127.46m).

Terry Fuller generously offered to stay back for this event and did all the scoring with the laser and recorded the distances, even though he didn't compete.
It was a most enjoyable social atmosphere surrounding the 112g Open, with all casters helping to measure their own casts.
I would like to thank all members who assisted with retrieval of the equipment, especially **Mal Harris** and **Gary Gildersleeves** for bringing in the flags.

FIELD DAY VENUES 2009/2010

DATE	VENUE	BOUNDARIES
10-11 October	Rottnest Island	Rottnest Island
14-15 November	Cervantes	1km south of Cervantes jetty/100m north of Hill River mouth
12-13 December	Seabird/ Moore River	Seabird settlement/as far as you can walk south of Moore River mouth
16-17 January	Local	Floreat drain close boundaries + BBQ or pizzas
13-14 February	Cervantes	1km south of Cervantes jetty/Jurien Marina
27 February-1 March LWE	Warren River	Donnelly River/Windy Harbour
24-26 April LWE	Bluff Creek	As far as you can walk past Eastern Rocks/Cheynes Beach

SMARTPLAY

FIX UP

Your guide to injury management

Rest

Place yourself in a comfortable position. Keep the injured area supported. Avoid using the injured area for at least 48-72 hours as continued activity will increase bleeding and damage.

Ice

Apply ice to the injured area for 20 minutes, every two hours for the first 48-72 hours after injury. Ice reduces swelling, pain and bleeding. Ice can be used in the following ways:

- crushed or cubed ice in a wet towel or plastic bag.
- frozen pea packet in wet towel.
- cold pack wrapped in wet towel.

Icy or cold water is better than nothing. **Caution:** Do not apply ice directly to skin.

Compression

Apply a firm wide elastic bandage over the injured area, as well as above and below. Where possible hold ice in place with the bandage. Between ice treatments maintain bandage compression. Applying a bandage will reduce bleeding and swelling and also provide support for the injured area. **Caution:** Ensure the bandage is not too tight. Some signs of the bandage being too tight may include numbness, tingling or skin becoming pale or blue. If these symptoms and/or signs develop remove the bandage and reapply again firmly but not as tightly.

Elevation

Raise the injured area above the level of the heart at all times. A pillow can be used to provide support and comfort. Elevating the injured area reduces bleeding, swelling and pain.

Referral

As soon as possible after injury arrange to see a qualified health professional such as a doctor or physiotherapist. This will determine the extent of your injury and provide advice on treatment and rehabilitation required.

Early and correct use of RICER and NO HARM is essential for the initial management of a soft tissue injury.
RICER and NO HARM should be continued for 48-72 hours.

www.smartplay.com.au